**Description of the content of the zip-file**

Annotated GPS-tracking data used to create Figure 2 (Example of daily foraging rhythms in three Montagu’s Harriers). One file is included per bird.

Description of columns:

device\_info\_serial: ID of the GPS-logger (428 for individual 'Elzo', 810 for individual 'Joey', 515 for individual 'Yde')

date\_time: time stamp

latitude: latitude of GPS position (in decimal degrees)

longitude: longitude of GPS position (in decimal degrees)

altitude: altitude above sea level (in m)

x\_speed: instantaneous horizontal speed in sideway direction (in m/s)

y\_speed: instantaneous horizontal speed in forward direction (in m/s)

z\_speed: instantaneous vertical speed (in m/s)

type.day: annotation of type of day. Possible entries include "Winter" (bird is at wintering site), "Migration Stopover" (bird interrupts its migratory travel to make a stopover), and "PreBreed", "Eggs", "Young", and "Fledged" (different breeding phases; bird is at breeding site).

speed.inst: instantaneous speed as calculated from instantaneous speed vectors

speed.class: speed class as inferred from instantaneous speed (see main text).

sunrise: time of sunrise at GPS location at that day of the year

sunset: time of sunset at GPS location at that day of the year